

With family members sitting around the dinner table, place a spoon (upside down) at the center of the table. Discuss how God placed each person in your family to learn how to love and appreciate each other.

Have the oldest child spin the spoon on the table, like they would a spinner in a board game. When the spoon handle stops spinning and points toward someone, each person around the table can take turns to say one nice thing about the person that the spinner pointed to.

When everyone has finished sharing, the next oldest child can spin the spoon. Finally, when it points to a new person, have family members share something they like about that person. Continue in this way until everyone has had a turn spinning the spoon and all people around the table have been the recipient of affirmation. This activity teaches children to express their appreciation for each member of the family.

### ***Preschool Option***

Find a photo of your entire family. Attach a sticky note on the photo to cover your preschooler's face in the picture. Show your child the photo with the attached sticky note and ask, "Who's missing from this picture?" When they say, "Me!" say, "This is what our family would look like if you weren't a part of it."

Talk to your child about all the things your family would miss if they weren't in it, like their giggles and hugs. Explain, "God brought you into our family because He knew how much we needed you and you needed us. God has a special reason for bringing all of us together as a family — to provide a safe place for you to grow and learn." Tell your preschooler that when they shows love for their family, they are also showing God that they love Him. Remove the sticky note from the photo. Have your child help you, if possible, glue or tape the photo onto a piece of construction paper. Draw hearts around the photo.

Let your child know that you drew the hearts to show that God loves families. Place the photo where they are sure to see it often.

### **FAMILY GAME SUGGESTION**

Our table recommends the card game "5 ALIVE" available at Target.